WHAT'S LIFE ABOUT?

Isn't life interesting? We are all living life but the life we are living is different for each of us. Why? When you take your life into our own hands, something terrible happens, you have nobody else to blame for the manner in which you live. Taking responsibility for the events in your life is what makes yourself you.

Life isn't an accident. It's the greatest bargain of all. It's given to us by two people we don't know, and we get it for free. Then we spend a lifetime trying to justify our existence and searching for our true identity. Many of us are unable to face the reality of whom and what we are. I was no different.

My life was similar to the daily soap operas on TV. You know, DAYS OF OUR LIVES, AS THE WORLD TURNS, AND GENERAL HOSPITAL. My story line was always being written and re-written in real time. Each episode was different. Different jobs, different cities, different homes, and different affairs of the heart. I was always looking for approval. I was never programmed for long term success but rather for short term ratings. Not surprisingly, I never received a Lifetime Emmy.

Life is more than getting up in the a.m. and going to bed in the p.m. It's the time in between that determines your life. It's what you do with your energy and your dreams that really matters.

Each of us has an abundance of common sense. That's really all it takes to discover what life is all about. We all want to lead happy lives. The happiness we're looking for is within us if we will only take the time to look for it. The color of the balloon doesn't matter. It's not what's on the outside that makes it rise.

A purposeful and rewarding life doesn't happen by external combustion. It comes from an internal power source that propels us forward.

It's the power of desire, energy, attitude, courage, passion, risk, imagination, and vision, sprinkled with enthusiasm, mixed with spirituality and all blended together as fuel for a belief system that makes you UNSTOPPABLE.

Why are most of us leading very stressful, unhappy, and unproductive lives? We haven't given birth to the twins of Passion and Purpose. We are too nervous about changing our lives. Habit is the captain of our cruise through Life. We're navigating our lives by habit and yet we expect things to change.

You see, life is nothing until it has been lived; but it is yours to make sense of, and the value of your life is nothing other than the sense you choose.

AND THAT'S WHAT LIFE'S ABOUT!

I welcome your comments.
Phil

Phil Parker, a former CEO and successful businessman, is a speaker and author. His book, *Kiss Yourself Hello! From A Life Of Business To The Business Of Life* encourages his readers to discover the possibilities before them and the potential within them. His second book, *The Gift of Perspective~Let My Hindsight Be Your Foresight* shares his lessons learned. Visit Phil online: www.philparker.com or email him at: phil@philparker.com or contact him at 888-489-9393

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